



# ONYX

## *Stay the Course*

Onyx is good for grounding and focusing your attention, and for working through difficult emotional and physical problems. As a self-care aid, it can help you take charge of your own health, wellness and overall well-being.

### **Healing Properties of Onyx**

Onyx focuses and directs your energy toward your goals, helping you stay the course. It can help you rebuild your vitality after a prolonged illness or period of depletion, and is useful for work that requires disciplined focus and perseverance.

### **Helps With**

Staying Focused on Your Goals, Physical Vitality, Discipline, Persistence

### **Affirmation**

I am Focused and determined to accomplish my goals.



August . December . January . February



### Love and Relationships

1. Have encounters leading to future
2. See the real intent of others
3. Advance relations
4. Purify the mind
5. Solve issues between two people



### Money and Business

1. Gain spiritual strength
2. Win a rival
3. Eliminate anxiety about the future
4. Prevent crisis
5. Make future prospects better



### Other Energies

1. Clean up energy
2. Keep your own pace
3. Release what is in your heart
4. Increase insight
5. Talisman against evil